

LESSON NOTES

Learn Polish in Three Minutes #1 Self-Introduction

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GRAMMAR

The focus of this lesson is Self Introduction in Polish

Topic 1: How to Introduce yourself in a informal situation

Sentence from the lesson:

'*Cześć! Jestem Joanna.*'

"Hi! I'm Joanna."

1. Start by saying: *Cześć! Jestem ...*
2. Say your name. *Cześć! Jestem Joanna.*
3. If you want, say: *Miło mi.*

For Example:

Miło mi.

"Nice to meet you. (informal)"

Topic 2: How to Introduce yourself in a formal situation

Sentence from the lesson:

'*Dzień dobry! Nazywam się Joanna Izumi. Miło mi Pana poznać. (talking to a male)*

Dzień dobry! Nazywam się Joanna Izumi. Miło mi Panią poznać. (talking to a female)'

"Good day! My name is Joanna Izumi. Nice to meet you."

1. *Cześć* has been substituted with the formal greeting *Dzień dobry*, Polish for "good day" or "good morning."
2. *Jestem Joanna* also changed; *jestem* simply means "I am," however during a formal self introduction you should avoid saying this. It's better to say *Nazywam się Joanna Izumi*, which means "my name is Joanna Izumi."

3. Also in formal situations, please remember to say your full name.
4. Pay attention to the ending: we went from *Miło mi Cię poznać* to *Miło mi Pana*—or *—Panią poznać*. We changed *Cię* into *Pana* or *Panią*. If you use *Cię* you're addressing someone around your age. But if you find yourself in formal situation or talk to a person, who's older than you, use *Pana*, to address a man or *Panią* to address a woman.

Language Tip!

If you feel confused about the Nice to meet you part, feel free to skip it. As I mentioned before, Polish people don't use it much. When you introduce yourself, it's a good habit to shake hands. It doesn't matter whether you're meeting a man or a woman—do the handshake. Remember to make it quite firm. If your hand is too loose it gives the other person a bad impression. We also say that it feels like holding a dead fish.